

## GO THERE

### THE LUXURY OF PALM HOUSE BOUTIQUE HOTEL & SPA

Nestled in Upper Wynberg, Palm House Boutique Hotel & Spa blends Cape Town's vibrancy with serene tranquillity. This historic home-turned-boutique hotel, reimagined by owners Max Jong and Shelagh Wood, exudes elegance with original wood panelling, herringbone floors, and bespoke artworks. Guests can choose from Garden Suites with private patios or Deluxe King Suites

boasting Table Mountain views. Executive chef Gregory Henderson's sustainable, multicultural menus shine at Palm Terrace and de Tafel room, paired with Cape Winelands' wines. The Açaí Spa offers holistic treatments, including the signature Palm Journey and a Banya Sauna, ensuring a rejuvenating escape in Cape Town's southern suburbs. [www.palmhouse.co.za](http://www.palmhouse.co.za)



### KEYS TO AN UNMATCHED STAY

The Michelin Guide unveils its first global Michelin Key Selection on October 8, 2025, spotlighting the world's finest hotels across 125+ countries. Rated from one to three Keys, these distinctions recognise exceptional stays: one Key for unique gems offering standout service, two Keys for truly memorable hotels with character and charm, and three Keys for extraordinary luxury experiences that define ultimate hospitality. Evaluated by MICHELIN Inspectors on five universal criteria, the Keys provide a new trusted benchmark for exceptional hospitality worldwide. This global selection follows successful regional rollouts and includes four new Special Awards celebrating hospitality excellence.



### COASTAL SERENITY AT ARNISTON SPA HOTEL

Tucked away in the charming fishing village of Arniston, the 4-star Arniston Spa Hotel, part of Cape Country Routes, offers a luxurious escape. Just a two-hour drive from Cape Town through the Overberg's scenic hills, it lies near Cape Agulhas, where the Atlantic and Indian Oceans meet. Surrounded by unspoilt beaches and nature reserves, its 67 elegant en-suite rooms boast sea or pool views, some featuring fireplaces or private balconies. Savour exquisite breakfast buffets, leisurely lunches, and fine dinners with local seafood at the restaurant. The Ginkgo Spa delivers personalised treatments for ultimate relaxation. During school holidays, a kids' club provides fun activities. For more, email [bookings@capecountryroutes.com](mailto:bookings@capecountryroutes.com), or call +27 21 023 3611. [www.capecountryroutes.com](http://www.capecountryroutes.com)

