



GO THERE

REJUVENATION, REFINED

Set on the quiet fringe of the Franschhoek Valley, Terre Paisible lives up to its name. Framed by vineyards, manicured gardens and wide mountain views, the estate carries a calm that feels immediate and unforced. It is the sort of place where the pace drops without you noticing. At its core is South Africa's first Medical Rejuvenation and Spa of its kind, where advanced medical science meets holistic wellbeing. Personalised programmes span

biohacking, cellular regeneration and precision aesthetic treatments, each guided by measurable outcomes rather than fleeting trends. The focus is longevity and genuine optimisation, not surface-level indulgence. A stay here restores, certainly, yet it also recalibrates. Guests leave clearer in mind, lighter in body and grounded in a balance that lingers long after the valley slips from view. www.terrepaisiblemedicalsapa.com



ULTRA SOUND

Since its inception in 2014, Ultra South Africa has grown into a cornerstone of the local music calendar, drawing tens of thousands of fans each year. The 2026 edition will transform Johannesburg's Expo Centre at Nasrec (25 April) and Cape Town's The Ostrich (26 April) into world-class festival destinations. With cutting-edge production and top-tier sound, Ultra South Africa promises an unmatched celebration of electronic music culture. This year's events will feature Main Stage headliners including tech-house sensation John Summit, French hitmaker DJ Snake, progressive house icon Axwell, and a special back-to-back set from Afrojack and R3hab, and more.



INTERCONTINENTAL JOHANNESBURG O.R. TAMBO AIRPORT

A seamless stay awaits you at our award-winning luxury hotel, 68.7 meters walking distance from the International Arrival Hall at OR Tambo International Airport. Unwind in their heated indoor pool, indulge in rejuvenating treatments at the Camelot Spa, and dine on decadent South African cuisine at Quills. Explore Johannesburg's rich culture with nearby vibrant art galleries, museums, and boutique shops, or arrange a short drive to nearby game reserve for a memorable wildlife experience making every visit memorable while you await your next journey. 2025 *Booking.com Traveller Review Award* winner. www.suninternational.com

