



KEEP EXPLORING

Steyn City Senior Village

Steyn City's Senior Village has reinvented the way we think about life's second chapter.

When Steyn City announced the launch of a development that would transform the estate into a multi-generational community, expectations were high. After all, it had already established a reputation for offering homes and an extraordinary lifestyle that shatters convention and sets new standards.

There is no question that Steyn City's new Senior Village has lived up to those expectations; above all, because of its fresh take on the golden years. Every aspect of this beautiful development has been carefully planned to ensure that residents can make the most of every minute

exploring new passions while maintaining an active, independent and socially connected lifestyle that fosters a strong sense of belonging and enhances overall wellbeing.

To ensure this is possible for all residents, Steyn City started with a simple question: What do we need to live our best lives? The answer: firstly, we need to connect with our friends and loved ones. Senior Village's unique location within Steyn City's flagship apartment development, City Centre, makes this possible by allowing residents to remain close to their family members and play an integral part in their days, whether that means meeting up for a coffee or helping with a school pick-up, without leaving the estate.



Senior Village Sky Bar and Lounge

Senior Village has also provided welcoming spaces that are just right for a catch-up: grab a coffee at the Village's Sky Bar and Lounge, for example, enjoy a lunch date at Paputzis Restaurant, or spend some quiet time in the Gardens.

KEEP ACTIVE, LIVE WELL

Steyn City has always understood that keeping active is central to living well. The estate's facilities, all geared towards providing avenues to explore your interests, speak to this ethos – hence the enormous array of amenities, from the 18-hole Nicklaus Design Championship golf course, the 45-kilometre floodlit promenade, perfect for brisk walks or a scenic stroll and some birdwatching, and the 50km MTB track. Fans of racquetball are catered for with floodlit tennis, pickleball and padel courts; plus, there's the 300m lagoon for water-

based activities, lawn bowls, fitness centres and equestrian activities at a purpose-built centre. Senior Village residents have access to all of these facilities; plus, the development offers even more activities at the Village's Hydro Centre. Here, there's a heated swimming pool (complete with wheelchair access) and a studio where classes include low-impact stretching, dance, mat Pilates, or yoga. And, for those who love weight training or need to get a heart rate going with cardio, that's on offer, too.

Finish up the workout with a shower in the well-equipped changeroom, then grab a juice at the counter before heading out.

Because wellness is obviously a key priority, Steyn City has ensured that a range of services are available for Senior Village residents. If it's simply an aching back or a niggling knee that needs



Senior Village Care Centre



attention, you can book a consultation with one of the on-site professionals.

However, for more comprehensive care, Steyn City has joined forces with one of South Africa's leading care providers, TOTALCARE. This means that, no matter what your needs are, you have complete peace of mind: perhaps you simply want to know that you can check in with a professional to have your vitals, such as blood pressure, monitored, or maybe you would like assistance with daily tasks. You can even opt for in-home care; essentially, tailoring a plan that keeps you as independent as possible for as long as possible.

At those times when you need extra medical attention, you can enjoy round-the-clock care from the specialised on-

site 23-bed care centre facility.

It's a great relief to realise that everything you need for a day full of comfort and convenience is available right on site, from having your car professionally valeted to accessing office services at PostNet. There's even a laundry and dry-cleaning service, along with self-care essentials like Clicks and Sorbet salon. City Centre even has a range of retailers to browse, and a choice of eateries to suit your every mood.

All of this means that the stage is set, and all that is left now is for you to keep exploring your favourite hobbies.

Senior Village is open to residents aged 60 and older on a Life Right model.

For more information, please visit www.steyncity.co.za. 

Senior Village Hydro Centre